

Date	Theme	Level
5-Apr-10	Money Series: Money Flowing Out	
29-Mar-10	No Meditation	
22-Mar-10	Money Series: Handling Money with Grace	
15-Mar-10	Money Series: Money Coming In	
8-Mar-10	Money Series: Being at Ease with Money	in Intuitive Meditation
1-Mar-10	Money Series: The Ability to Receive	
22-Feb-10	Money Series: You Are Worth It! Cash Flow	
15-Feb-10	Don't Give Up Your Goals	
8-Feb-10	Creating a Team/Your Circle of Support	
1-Feb-10	Calling in Your Clients/Customers	
25-Jan-10	Create Now! Not in the Future	
18-Jan-10	Get Out of Your Own Way & Allow Success	
11-Jan-10	Healing the Past to Create in the Present	
4-Jan-10	A New Cycle! Your Vision of 2010	
28-Dec-09	Stop Thinking to Gain Perspective!	
21-Dec-09	No Meditation	
14-Dec-09	Clear the Negative Around You!	
7-Dec-09	You Are Not Your Business or Your Work!	

Date	Theme	Level
30-Nov-09	Your Pain Body & Success	
23-Nov-09	Havingness! The vibration to create whatever you want.	
16-Nov-09	Creating support for goals. Who is on your side?	
9-Nov-09	Creating your success and staying well. Does your physical stamina limit you?	
2-Nov-09	Success Now!	
26-Oct-09	Vision Aligned To Who You Are	
19-Oct-09	Effects of being scattered, unfocused or multi-focused	
12-Oct-09	Creating Your Vision and Remain in Present in the moment	
5-Oct-09	No Meditation	
28-Sep-09	Oops! Your Aura is Showing	
21-Sep-09	Awareness of Ego	
14-Sep-09	Allowing Yourself Not To Know	
7-Sep-09	No Meditation	
31-Aug-09	Courage	
24-Aug-09	Women Do It Differently	
17-Aug-09	Being Present	
10-Aug-09	Expanding - Being Expansive	
3-Aug-09	Money	

Date	Theme	Level
27-Jul-09	Your Vision of Success - Part II	
20-Jul-09	Your Vision of Success	
13-Jul-09	Grounding Our Work	
6-Jul-09	Validate Where You Are	
29-Jun-09	No Meditation	
22-Jun-09	Your Successful Self	
15-Jun-09	Energy Level	
8-Jun-09	Your Vision of Your Successful Self	
1-Jun-09	Distractions	
25-May-09	No Meditation	
18-May-09	Thoughts Are Creative	
11-May-09	Vision of your success	
4-May-09	No Meditation	
27-Apr-09	Three Parts of Being A Business Owner	
20-Apr-09	What pictures are you creating from?	
13-Apr-09	Importance of Having Fun	
6-Apr-09	Your Personal Mission - Align your work Centered & Clear (email) - Being grounded & centered as	
30-Mar-09	a business owner.	

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Online Meditations for
Business Owners and Professionals

To purchase live recordings
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<http://www.insightintuitiveconsulting.com/audio.html>

Date	Theme	Level
23-Mar-09	Clear the Negative	
16-Mar-09	Communication	
9-Mar-09	Present Time	
2-Mar-09	Your vision of your business or professional space as a whole	
23-Feb-09	How do you want to experience yourself as a business owner?	